

**Then said Jesus unto his
disciples, If any man will come
after me, let him deny himself,
and take up his cross, and
follow me.**

**For whosoever will save his
life shall lose it: and
whosoever will lose his life for
my sake shall find it.**

**For what is a man profited, if
he shall gain the whole world,
and lose his own soul? or what
shall a man give in exchange
for his soul?**

Matthew 16:24-26